Blount County Middle Schools

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| 1 Corn Dogs Toasted Cheese Sandwich Fries Fresh Carrots Fruit Milk | 2 Hamburger Cheesesticks Potatoes Green Beans Fruit Milk | 3 Nachos Bean & Cheese Burrito Broccoli Corn Milk Fruit | 4 Spaghetti/Roll Buffalo Chicken Wrap Green Beans Vegetable Blend Fruit Milk | 5 Pizza Fish & Roll Corn Pinto Beans Fruit Milk |
| 8 EARLY OUT Grab & Go Lunches PB&Js or Chips & Salsa String Cheese, Goldfish Fruit Milk | 9 Ham & Cheese Wrap Chicken Pot Pie Green Beans Carrots Fruit Milk | 10 Cheeseburger Sloppy Joe Potato Wedges Corn Fruit Milk | 11 Steak & Gravy Rollt Chicken Casserole Mashed Potatoes Peas Fruit Milk | Pizza Fish & Roll Corn Pinto Beans Fruit Milk |
| 15 Hamburger BBQ Chicken on Bun Vegetable Blend Tri Taters Fruit Milk | 16 Sausage Ham Biscuit/Gravy Potato Rounds Baked Apples Fruit Milk | 17 BBQ Pork Sandwich Toasted Cheese Sandwich Baked Potato Broccoli Fruit Milk | 18 Ranch Chicken Wrap CheeseBurger Carrots Green Beans Fruit Milk | Pizza Fish & Roll Corn Pinto Beans Fruit Milk |
| 22 BBQ Chicken on Bun Turkey & Cheese Wrap Broccoli Steamed Carrots Fruit Milk | 23 Taco Chicken Fajita Refried beans Corn Fruit Milk | 24 Steak & Gravy/Roll Meatloaf / Roll Mashed Potatoes Green Peas Fruit Milk | 25 Beefy Mac & Cheese HotDog Tri Tater Slaw Fruit Milk | 26 Pizza Fish & Roll Corn Pinto Beans Fruit Milk |
| 29 Turkey/Cheese Wrap Chicken Alfredo Fries Carrots Fruit Milk | 30 Spaghetti/Roll Buffalo Chicken Wrap Green Beans Vegetable Blend Fruit Milk | Lunch Meal Entrée Choice Fruit Choice (½ c) Vegetable Choice (½ c) Low-Fat or Fat Free Milk (8 oz) | Did you know you can check on your child's Breakfast and Lunch account and deposit money? Visit: http://www.myschoolbucks.co m | Each meal must include a Fruit or Vegetable USDA is an equal opportunity provider |